





Please donate an item or two from the list to help local people left without enough money to live on.



Tinned meat & fish

Tinned veg & fruit

Cooking sauces

Coffee & Tea

Milk (UHT or powdered)

Cereal & biscuits

Fruit juice (long-life)

Tinned puddings

Tinned soup

Rice & pasta



## Harvest appeal



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chippingbarnet.foodbank.org.uk

Registered Charity in England & Wales (1163042).









### Our food bank:

- Provides emergency food and practical support to local people in their hardest moments.
- Works with local partners to get people the right help, so they're less likely to need the food bank again.
- Is part of a UK-wide community of food banks, working together with Trussell to ensure no one needs a food bank to survive.
- barnetfoodbank
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www.chippingbarnet.foodbank.org.uk



Scan QR code
To find out more
about our work
and to make a
financial donation.

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