



# Reverse Advent Calendar

Our Reverse Advent Calendar donation day this year will be **Saturday 14th December**, so from 21st November to the 14th of December, simply put one item into a box and then at the end, donate the box to the Foodbank (address below). Below are just some examples of items you can donate. Thank you!

1

Tinned soup

2

Shampoo

3

Variety tins  
or boxes

4

Tinned  
tomatoes

5

Rice

6

Deodorant

7

Box of biscuits  
or chocolates

8

Pasta

9

Tinned fish

10

Coffee

11

Jam

12

Breakfast  
cereal

13

Tea bags

14

Chocolate bars

15

Long-life  
fruit juice

16

Shower gel

17

Tinned  
vegetables

18

Cooking  
sauces

19

Tinned  
potatoes

20

Tinned meat

21

Toilet rolls

22

Rice  
pudding

23

UHT  
long-life milk

24

Tinned  
fruit

**DONATE YOUR BOX TO US AT:**

**CHIPPING BARNET FOODBANK, 63 SOMERSET ROAD, BARNET, EN5 1RF**

<http://chippingbarnet.foodbank.org.uk>

[info@chippingbarnet.foodbank.org.uk](mailto:info@chippingbarnet.foodbank.org.uk)

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