

HARVEST APPEAL

HELP LOCAL PEOPLE FACING HARDSHIP

Chipping Barnet Foodbank



We are seeing an ever-increasing need – but a reduction in vital donations. By donating this Harvest, you can support local people facing hardship.

- **Donate food** – in store (see our website for a location near you), or as part of your online grocery shop
- **Donate money** – via our online giving platform
- **Share our appeal** – with friends, family and colleagues.

For more information, please visit

<https://chippingbarnet.foodbank.org.uk>

TOP FIVE ITEMS NEEDED THIS HARVEST

Tinned Meat & Fish
Tinned Fruit & Vegetables
Tinned Potatoes & Pulses
Rice, Pasta & Pasta
Sauces
Rice Pudding & Custard



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Registered Charity in England & Wales (1163042)