

HARVEST APPEAL



Help by donating an item or two from our shopping list to support people facing hardship.

SHOPPING LIST TOP TEN ITEMS

Tinned Meat and Fish
Tinned Fruit & Vegetables
Tinned Potatoes & Pulses
Tinned Soup
Rice, Pasta & Pasta Sauces
Rice Pudding & Custard
Long-life Milk & Juice
Tea & Coffee
Cereal & Biscuits
Toiletries & Cleaning

*Don't forget...
You can help transform more lives
with a financial donation too.*

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Registered Charity in England & Wales (1163042)



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