



# REVERSE ADVENT CALENDAR



Our Reverse Advent Calendar donation day this year will be Saturday 16<sup>th</sup> December, so from the 23<sup>rd</sup> November to the 16<sup>th</sup> of December, simply put one item into a box and then at the end, donate the box to the Foodbank (address below). Below are just some examples of items you can donate. This will enable us to offer extra food to our clients over the Christmas period. Thank you!

<b>1</b>  Tinned soup	<b>2</b>  Shampoo	<b>3</b>  Variety tins/boxes	<b>4</b>  Tinned tomatoes	<b>5</b>  Rice	<b>6</b>  Deodorant
<b>7</b>  Box of biscuits/chocolates	<b>8</b>  Nuts and confectionery	<b>9</b>  Tinned fish	<b>10</b>  Coffee	<b>11</b>  Jam	<b>12</b>  Breakfast cereal
<b>13</b>  Tea bags	<b>14</b>  Chocolate bars	<b>15</b>  Long-life fruit juice	<b>16</b>  Instant mashed potatoes	<b>17</b>  Tinned vegetables	<b>18</b>  Cooking sauces
<b>19</b>  Tinned potatoes	<b>20</b>  Tinned meat	<b>21</b>  Toilet rolls	<b>22</b>  Rice pudding	<b>23</b>  UHT long-life milk	<b>24</b>  Tinned fruit



**DONATE YOUR BOX TO US AT:  
 CHIPPING BARNET FOODBANK, 63 SOMERSET ROAD, BARNET, EN5 1RF**

<http://chippingbarnet.foodbank.org.uk>  
[info@chippingbarnet.foodbank.org.uk](mailto:info@chippingbarnet.foodbank.org.uk)  
 Registered Charity in England & Wales (1163042)

